



Moving up! The transition to secondary school

Activity Two: Finding Support

Using your completed table from *Activity One: Embracing Change* explain three of your potential worries in the table below.

- Can you identify who at secondary school you would talk to about this problem?
- When you get to your new school, if you are still worried, remember to find this person and ask just like Albie did in the video.
- If you have already started secondary school and are worried, find someone at school to talk to just like Albie did in the video.

The first one has been completed for you.

Why I am worried	Who could help me to find a solution?	What is the solution?
I am worried I will forget to do my homework and get in trouble.	My form tutor or subject teacher.	I will have my planner to write down all of my homework. When I get home each day I can check my planner, complete my homework and tick it off.
1.		
2.		
3.		